

# MUSCLE & FITNESS MAGAZINE

PULSE BEAUTY

## Best Summer BEAUTY BUYS

Hydrate, protect, cleanse, and glow from head to toe with essential products for your summer beauty regimen

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### 1/ LATHER TONING EYE GEL WITH VITAMIN K

Cooling eye gel relieves puffiness while niacin and vitamin K add elasticity and firmness to skin for a more youthful look. Over time this blend of royal jelly, aloe, spirulina, and green tea can help improve skin tone and reduce the appearance of dark circles. Paraben-free. (\$31, [lather.com](http://lather.com))

### 2/ TATA HARPER PURIFYING MASK

This 100% natural purifying mask is all the rage with fashionistas who want glowing skin au naturel. It uses 23 nature-made ingredients—like yogurt probiotics, broccoli extract, brown algae, prickly pear seed oil, and turmeric—to combat skin-cell aging and environmental pollution. (\$65, [tataharperskincare.com](http://tataharperskincare.com))

### 3/ REVLON PHOTOREADY SKINLIGHTS FACE ILLUMINATOR

Love that luminosity! With just a few swipes of sheer liquid glow, you can bring out your cheekbones. The best part: The four shades work beautifully on all skin tones from dark to light. Wear the radiance cream alone or mixed with foundation. (\$13, [drugstore.com](http://drugstore.com))

### 4/ FIRST AID BEAUTY CLEANSING BODY POLISH WITH ACTIVE CHARCOAL

Ooo! What a little exfoliator can do for you! The essential summer scrub will not only cleanse and soften skin, it also helps smooth uneven skin texture and tone. Activated charcoal helps remove toxins that can build up with increased sun exposure, sunscreen application, and sweat. (\$28, [ulta.com](http://ulta.com))

### 5/ PHYTO PLAGUE PROTECTIVE SUN VEIL

Get silky soft hair that's also shielded from the damaging, drying effects of UV rays. Phyto Plague Sun Veil mists on and adds a light-weight layer of shine and color protection. (\$30, [phyto.com](http://phyto.com))

### 6/ MOROCCANOIL BEACH WAVE MOUSSE

Get that beach babe look of lightly tousled locks without the over-drying effects of sea salt sprays.



## CONTOUR/HIGHLIGHT BRUSH

“Master the summer shimmer with this dual-end PBT Synthetic brush that helps contour and highlight cheekbones in a few easy swipes. The round side blends and diffuses; the tapered side allows precise application.”