



15 Pumpkin-Packed Products for a Festive Fall Skin Care Routine



Pumpkin Enzyme Scrub

“Pumpkins contain fruit enzymes and AHAs (alpha hydroxy acids) that work to buff dead skin and boost cell turnover for a smoother and brighter complexion. They also have beta-carotene and vitamin C, antioxidants that can help rid skin of dark spots, wrinkles or even sun damage.”