

DERMASCOPE MAGAZINE

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Aging Skin & Nutrition
Michelle D'Allaird-Brenner
A Legend

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RESOURCES



outstanding benefits. Flavonoids are a rich source of antioxidants and have anti-inflammatory properties. Another great compound that has proven to be beneficial as an antiviral is triterpenoids. Phytoestrogens found in licorice plants have been useful to manage and aid hormonal problems, especially in pre-menstrual women and menopausal women. According to herbalists, licorice root is the most used plant for medicinal purposes and is proven to be the most effective.

HISTORICAL USES

Over a span of more than 3,000 years, licorice uses have changed. Due to its ability to heal, licorice had an honorable history amongst the pharaohs and prophets in ancient times. Early Egyptians used licorice in a tea concoction called Maissus. The sweet, pungent plant was widely used in Egypt as a candy; the sweet root was chewed as a treat. Consuming licorice root as a tea helps alleviate pain and fatigue. It is said that a well-preserved dried supply of licorice root was found inside of Tutankhamen's tomb. The glycyrrhizin acid found in licorice root is proven to boost the immune system and suppresses bacteria. Taken by mouth, it helps cure various digestive complaints and viruses. For gastrointestinal, stomach, and respiratory issues, the demulcent acts as expectorant to reduce phlegm. In ancient times, it is believed that licorice root kept many people healthy.

Effective Anti-Aging Selfie Mask
ExPurise Scientific Skincare
800-294-1154
expurise.com

Living Cell Clarifier
GlyMed Plus
800-476-7667
glymedplus.com

Soothe & Calm Redness Relief
Meg 21 with Supplamine
877-882-7949
meg21.com

Refining Mask
Glo Professional
800-232-0398
gloprofessional.com

Wake Me Up
Jenetqa
713-876-8258
jenetqa.com

REFINING MASK

“Licorice is an incredible skin care ingredient. It is anti-inflammatory, antioxidant, antimicrobial, and helps inhibit tyrosinase. By calming the redness of inflamed breakouts and brightening that pesky shadow mark left behind, this skin type and condition benefits from everything licorice has to offer.”