

Fitzpatrick Skin Type Test

This classification helps determine how a client's skin will respond to professional treatments and/or products based on their skin's potential risk for irritation, burning and pigmentation reactions.



Name _____

		SCORE					
		0	1	2	3	4	YOUR SCORE
SKIN TYPE	Your natural eye color	Light: Blue, Gray or Green	Med: Blue, Gray or Green	Hazel or Light Brown	Brown	Dark Brown	
	Natural color of your hair	Sandy Red or Light Blonde	Blonde	Dark Blonde, Light Brown or Chestnut	Dark Brown	Black	
	Natural skin color (without sun exposure)	Very Fair	Fair	Light to Beige with Golden Tint	Olive or Light Brown	Dark Brown or Black	
	Do you have freckles on non-exposed areas?	Many	Several	Few	Very Few	None	

TOTAL **GENETIC DISPOSITION** SCORE _____

		SCORE					
		0	1	2	3	4	YOUR SCORE
REACTION	What happens if you stay too long in the sun?	Always burn; redness, blistering, peeling	Often burn; blistering, followed by peeling	Can burn; possibly followed by peeling	Skin rarely burns	Skin almost never burns	
	Does your skin tan?	Never or hardly	Rarely	Sometimes	Often	Always	
	To what degree does your skin tan?	Never or very little	Lightly	Moderately	Deeply	My skin is naturally dark	
	How does your face react to the sun?	Very sensitive	Sensitive	Normal	Resistant	Very resistant; never had a problem	

TOTAL **SUN REACTION** SCORE _____

TOTAL SCORE	FITZPATRICK SKIN TYPE	RESPONSE TO UV; SKIN COLOR	TYPE
0-6	I	Always burns, never tans; Very Fair, Porcelain or Ivory	Highest risk for irritation (redness) and/or vascular damage Low risk for scarring (but possible)
7-12	II	Usually burns, rarely tans; Fair, Cream or Beige	High risk for irritation and/or vascular damage Moderate risk for trauma-induced pigmentation or scarring
13-18	III	Sometimes burns, sometimes tans; Light Brown, Golden or Olive	Moderate risk for irritation and/or vascular damage High risk for trauma-induced pigmentation or scarring
19-24	IV	Rarely burns, easily tans; Caramel, Tan or Medium Brown	Moderate risk for irritation and/or vascular damage High risk for heat, chemical or trauma-induced pigmentation or scarring
25-30	V	Very rarely burns, fast and easy to tan; Bronze or Deep Brown	Low to moderate risk for irritation and/or vascular damage Very high risk for heat, chemical or trauma-induced pigmentation High risk of scarring, possible keloid scarring
31+	VI	Almost never burns, fast and dark tanning; Very Deep Brown to Black	Low risk for irritation and/or vascular damage (but possible) Very high risk for heat, chemical or trauma-induced pigmentation and keloid scarring

These questions have been answered accurately and to the best of my knowledge.

Name _____ Date _____